



QHR Technologies Inc. Business Development for Canadian Technologies

QHR TECHNOLOGIES NAMED ON THE 2010 TSX VENTURE 50

Kelowna, BC, February 8, 2010 – (TSX-V: QHR) QHR Technologies Inc. (“QHR” or the “Company”) is pleased to announce that it has been recognized by the TSX Venture Exchange on the 2010 TSX Venture 50. The Venture 50 are considered strong performers on the TSX Venture Exchange and rising stars of Canada’s public markets based on 2009 performance.

“The recognition from TSX Venture Exchange solidifies the positive growth and hard work that QHR has experienced in the last year,” said Al Hildebrandt President and CEO of QHR. “2009 was an exciting year for QHR and the recognition of being named on the 2010 TSX Venture 50 is a great way to set the stage for continued growth in 2010.”

"The 2010 TSX Venture 50 companies have an impressive track record," said John McCoach, President, TSX Venture Exchange. "We are pleased to offer a unique market that facilitates and encourages emerging companies to meet their goals."

The 2010 TSX Venture 50 is comprised of 10 companies from each of five industry sectors – QHR is one of 10 Technology/Life Sciences companies identified. The 50 companies were selected based on a variety of conditions and equally weighted criteria: return on investment, trading activity, analyst coverage and market capitalization growth.

About QHR

QHR operates two business units in two distinct markets:

The Enterprise Management Software ("EMS") division (formerly the HR division), specializes in workforce management software and consists of integrated payroll, staff scheduling and human resource software; and in customized financial management software built on the Microsoft Dynamics GP (formerly Great Plains) platform. These products are targeted at complex healthcare and social services environments.

The Electronic Medical Records ("EMR") division offers a suite of medical software modules that provides computer-based medical records for physicians, medical specialists and surgeons, as well as an electronic patient record that is a key component of the move throughout Canada to provide electronic health records for all Canadians. The EMR division provides on-site and off-site hosting capabilities.

On behalf of the Board of Directors

Al Hildebrandt, President and CEO

Legal Notice Regarding Forward Looking Statements *This news release may contain “forward looking statements” within the meaning of applicable Canadian securities legislation. Forward-looking statements are indicated expectations or intentions. Results from operations in any given period are not necessarily indicative of results to be expected in future periods. QHR is a technology business enterprise where investment; various trends and factors in the marketplace; and product enhancements must be carefully managed to achieve long-term revenue growth and profitability. These statements are subject to risks that may cause the actual results to be materially in future periods from those expressed or implied by such forward looking statements.*

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. Further risk information on the Company is available at www.sedar.com.

For further information, please contact:

Al Hildebrandt at (250) 979-1701
ahildebrandt@QHRtechnologies.com

Investor Relations - Tangent Mgmt. 1-866-345-0115
info@tangentmanagementcorp.com